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# AMELIORATIVE EFFECTS OF LEAVES OF MORINGA OLEIFERA AGAINST ALUMINIUM INDUCED LIVER IN ALBINO RATS

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## ABSTRACT

Environmental pollutions with the different Aluminium (Al) containing compounds has been increased. Aluminium is one of the ubiquitous element that is being immensely used in industries, pharmaceuticals, food additives and consumer products. The focus of the current investigation was to examine the ameliorative effect of leaves extract of *Moringa oleifera* against aluminium induced in liver of albino rat. Thirty albino rats weighing 150 -180 gm were separated into three groups of 10 rats in each group. Group A treat as normal (control) and were received rat food and water. Group B rats were received two hundred mg/kg b. wt. of aluminium While rats in Group C were given three hundred mg/kg b. wt. of *Moringa oleifera* and same dose of aluminium given to rat of Group B through oral gavage tube. The treatment duration were four weeks after complete treatment rats were sacrificed for blood samples were obtained and utilize for the analyses of some liver parameters (ALP, SGOT and SGPT). The outcome suggested that aluminium elevated the ranges of ALP, SGOT and SGPT significantly ( $p < 0.05$ ). It concluded that leaves extract of *Moringa oleifera* have amelioration properties to reduce the harmful activities of aluminium in liver of albino rat.

**Keywords:** ALP, Aluminium, Liver, *Moringa oleifera*, SGOT and SGPT.

## INTRODUCTION

Aluminium (Al) is amid the majority plentiful element on earth planet. It constitutes around eight % of the whole minerals substance of the planet earth [1]. Assimilation or gathering of aluminium in people happens through diet as in some food items and added substances drug like stomach setting agents immunizations and parental liquids, adding to cosmetic products, breathed and exhaust and particles from word openings [2]. Aluminium is likewise utilized broadly in the production of kitchen utensils and storage containers. Aluminium is a chelate cations cited in classic structure in many sorts of creatures, plants & animal tissue or in nature all over the place [3]. It can absorb in various tissue like kidney, liver, brain, bone and blood. The poisonous impacts of aluminium was seen to be interceded by receptive oxygen species origination finding about the oxidative disintegration of cell lipids, proteins DNA and furthermore instigates changes in the exercises of tissue cancer prevention agent catalysts [4]. The prompted oxidative pressure by Al and there compounds are liable for liver toxicity [5] nephrotoxicity. Aluminium can be harmful whenever consumed in more than forty mg/day [6].

*Moringa oleifera* generally called as Drumstick, Horseradish tree or Ben oil tree [7]. In different part of India, it is commonly recognized as sahan or sohan. *Moringa oleifera* is native of India, its chief creator, but could be establish in Africa, Madagascar and America. *Moringa oleifera* is rapidly developing, multipurpose and one of the largest helpful tree in the earth due too totally segments of the plant are utilized in nourishment, medicament products, industrial purposes and they reveal several curable properties etc. [8]. *Moringa oleifera* is an extremely nourishing plant, existence perfect to serve nutrition in progressive countries [9]. *M. oleifera* attained the title of Miracle tree trading awareness promoted on numerous furnishing such as nutritional advantage, amino acids, flavonol, vitamins, proteins, minerals. Whole plant parts are helpful for treatment of several disease and they show many medicinal properties like analgesic, anti-inflammatory, antipyretic, anticancer activity, hepatoprotective property, anti-ulcer, cardiovascular and anti-obesity etc. The leaves of plant are helpful for high breast milk in lactating mother [10].

In this work investigate to describe the scenario of the effect of aluminium toxicity on liver and lipid profile. The extract of leaves showed the hepatoprotective outcome due to existence of quercetin and the aqueous extract of flower too possess the hepatoprotective activities due to it contain a same substance like as quercetin (flavonoid) acquire hepatoprotective properties [11]. Based on our information, the studies on the ameliorative effect of leaves of *M. oleifera* against Al convince in liver of albino rat are not enough. So this investigation was directed to analysis the effect of aluminium on the activity of some enzymes ALP, SGOT and SGPT in the liver function of albino rats, are of great value and can also be employed target mammal in the interest of human health.

## METHODS AND MATERIALS

The current study done on acclimatized of rats under the good laboratory practices.

### EXPERIMENTALS CHEMICALS

Aluminium (Al) was obtained from scientific laboratory, Agra (U.P), India.

Chemical formula	: Al
Molar mass	: 26.982/ mil.
Appearance	: Silver Grey
Density	: 20

### COLLECTION AND PREPARATION OF LEAVES EXTRACT

The fresh leaves of *M. oleifera* were collect from the various part of Agra region, U.P in India. The leaves were washed under tap water and dried in shad, leaves were convert into powder form using a electric blender. Powder mixed with distilled water and prepared solution filter by muslin clothe and used for treatment.

### EXPERIMENTAL ANIMALS

Adult healthy albino rats will be selected for the experimentation and procured from inbred colony of Animal House School of Life Sciences, Khandari Campus, Agra. Thirty albino rats of around equal weight and size 150- 180 gm. The albino rats were housed in polypropylene cages and handled in controlled temperature (22±2c) and proper circadian

rhythm. The cages were regularly cleaned to avoid obnoxious odors they were fed with normal rat food and water the albino rats were maintained under good laboratory practices (GLP) and guidelines of committee.

### EXPERIMENTAL PROTOCOLS

Thirty albino rats were used almost equal weight and size. The rats were permit to acclimatization for two weeks after than they were separated into three groups of ten rats each group. Group A treat as control and given water, Group B treat with Al 200 mg/kg b. wt. of rat, Group C was treated with 300 mg leaf extract of *M. oleifera* per kg bw of rat and given similar dose of Al as group with B. Administration of doses of Al and *M. Oleifera* were given by oral gavage, once daily, for duration of 30 days.

### SAMPLES COLLECTION

In end of experiment rats were all fast for 12 hrs. and after sacrificed under chloroform anesthesia. The sample of blood was collected in sterile container and allowed to clot. Blood plasma was removed from the clot by centrifugation method. The Blood plasma sample were keep frozen (-20-degree c) until required for analysis. The Blood plasma samples were used for calculation of biochemical parameters (SGPT, SGOT, ALP).

### STATISTICAL ANALYSIS

Result were analyzed and represents mean ±S. deviation Statistical comparisons were performed using by student t-test was used to find out the significant difference between value of Al received group and control group each of them with the value of the group treated with Al + Mo Statistical significance was P<0.05 and P<0.01.

## RESULT AND DISCUSSION

The protective outcome of *M. oleifera* on Al induced increment in the ranges of SGOT, SGPT and ALP in animals. The current data shows that treatment with Al (Group B) hastened a significant increment (p<0.05) in enzyme activities. Dose of *M. oleifera* with Al convert range among ordinary range (Group B).

**Table:** Effects of *M. oleifera* on Al induced changes in the activities of Liver parameters in albino rats.

Groups	SGOT (U/L)	SGPT (U/L)	ALP (U/L)
Group A Control	13.02 ±0.25 <sup>a</sup>	18.81±0.54 <sup>a</sup>	58.00±0.81 <sup>a</sup>
Group B Al treated	37.10±0.36 <sup>b</sup>	30.01±0.46 <sup>b</sup>	97.01±0.44 <sup>b</sup>
Group C Al+MO treated	14.87±0.60 <sup>a</sup>	20.11±0.56 <sup>a</sup>	60.35±0.54 <sup>a</sup>

Where Value represent as mean ± SD, n= 10, and a-b Mean values within each data denoted by similar alphabet are not significantly different (p>0.05) by the student T -test.

## DISCUSSION

In the current investigation, there was the ameliorative effects of aqueous solution of *M. oleifera* against the Al induced in hepato of animals used in this study measured by few biochemical parameters. In the present study harmful injury to the liver is related arrival of some marker compound into dissemination [12]. In current examination, liver harms were evaluated through the test of liver explicit proteins. Organization of Al cause a huge increment in the movement of these compounds. That perception is concurrence with different findings which showed that openness to Al instigated putrefaction in hepato rise in the performance of liver explicit catalysts [13] SGOT and SGPT were amino transferase chemicals that were normally delivered into plasma outcome of liver harm [14] ALP is covered by membrane compound. This increment in action of ALP have credit to membrane harm resulting intoxication of Al [15].

Liver is vital in the digestion of lipoproteins, consequently injury in hepato might be initiate adjustment the serum convergences of cholesterol and LDP extreme LPD and triglycerol. [16] The outcomes acquired in this investigation are in accordance with those of different authors [17]. The presence of polyphenols in *M. oleifera* go about as free radical scavengers and primarily answerable for antioxidative action of *M. oleifera*. [18] revealed flavonoid hinder

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biosynthesis of cholesterol and ester based decreasing the action of HMG CoA reductase. A vital compound in path. *M. oleifera* have accounted for wealthy in flavonoids components. [19] The aqueous and alcohol extracts from *M. oleifera* found to have a important effect on liver protection because of the available of quercetin, a known flavonoid having liver protective action [20] Organization of *M. oleifera* extract reestablished activities of AST, ALP and ALT closer ordinary. That mean that modified function of liver and assurance against the toxicity of aluminium in liver. This perception is agreed with different examination which revealed that *M. oleifera* leaves fundamentally diminished the raised activities of liver serum marker incited by toxic components [21]. The protective impact of *M. oleifera* on liver observe to followed cancer prevention agent interceded system given by different bioactive mixture [22].

## CONCLUSION

In the present study our finding stated that subjected oral dose of Al produces a liver toxicity in rats and protection of this harmful toxicity removed by the use of *Moringa oleifera* leaves extract for improving the toxic effect and *M. oleifera* proved that there leaves have many components that have benefits also healing power to cure the liver damage that can be occur by Al intoxication both the treatment given orally for 30 days daily.

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